Regional Update: The Adolescence HIV Landscape

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Changed Landscape – The Era of SDGs

The 8 Millennium Development Goals:

1. Eradicate extreme poverty and hunger
2. Achieve universal primary education
3. Promote gender equality and empower women
4. Reduce child mortality
5. Improve maternal health
6. Combat HIV/AIDS, malaria and other diseases
7. Ensure environmental sustainability
8. Global partnership for development

Sustainable Development Goals:

1. No poverty
2. Zero hunger
3. Good health and well-being
4. Quality education
5. Gender equality
6. Clean water and sanitation
7. Affordable and clean energy
8. Decent work and economic growth
9. Industry innovation and infrastructure
10. Reduced inequalities
11. Sustainable cities and communities
12. Responsible consumption and production
13. Climate action
14. Life below water
15. Life on land
16. Peace, justice, and strong institutions
17. Partnerships for the goals

ChildrenAIDS
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#EndAdolescentAIDS
At a Glance: Estimated number of new HIV infections among adolescents aged 10-19, by sex, Eastern and Southern Africa, 2010-2017

Source: UNAIDS 2018 estimates
Gender disparities are striking with approximately 170,000 new HIV infections among AGYW in 2017, more than double the estimated 75,000 among adolescent boys and young men.

Source: UNAIDS Estimates, July 2018
# HIV in 2017 for children and adolescents in East and Southern Africa

<table>
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<th>2017</th>
<th>Children 0-9 years</th>
<th>Adolescents 10-19 years</th>
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</thead>
<tbody>
<tr>
<td>Living with HIV</td>
<td>760,000</td>
<td>1,090,000</td>
</tr>
<tr>
<td>On Treatment</td>
<td>53% (0-14 years)</td>
<td>-</td>
</tr>
<tr>
<td>AIDS-related deaths</td>
<td>43,000</td>
<td>22,000</td>
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Source: UNAIDS HIV estimates 2018
Within-region distribution of new HIV infections among adolescents aged 15-19 by country, 2017
(Source: UNAIDS HIV Estimates, July 2018)

- South Africa: 41%
- Mozambique: 11%
- Zimbabwe: 7%
- Tanzania: 8%
- Malawi: 4%
- Uganda: 6%
- Zambia: 6%
- Angola: 2%
- Kenya: 7%

Within-region distribution of adolescents aged 10-19 living with HIV by country, 2017
(Source: UNAIDS HIV Estimates, July 2018)

- South Africa: 32%
- Mozambique: 10%
- Tanzania: 9%
- Uganda: 7%
- Malawi: 6%
- Kenya: 10%
- Zambia: 6%
- Ethiopia: 6%
What has been learned?
Lessons from Tanzania
Lessons from Tanzania

- GoT developed standards and training package for HCW on adolescents living with HIV
- Support clubs with adolescents at health facilities have improved retention and viral load suppression in adolescent girls and boys
- Youth champions followed up with peers in health facilities and in communities
- Importance of providing some incentive or remuneration for youth champions and not building programmes on the backs of volunteers
Remaining challenges include:

• Stigma and legal barriers continue to be bottlenecks that need advocacy and strategic approaches to solve

• Some programmes are seeing high per cent treatment failure related to suboptimal adherence – some adolescents needing intensified support

• Scaling up viral load monitoring is essential

• Need to correct emerging misunderstandings among adolescents (e.g. going on 2\textsuperscript{nd} line treatment is “graduating”, or going on “drug holidays”).

• Gain a better understanding the social and economic landscape of young people, and link programmes with vocational training or income generation opportunities
Recommendations

- Conduct implementation science to help understand the “how” of programmes
- Treatment data for 10-14 and 15-19 year old
- Consider scale, cost and sustainability
- Engage and link up with other sectors and beyond the clinic
- Strengthen coordination and knowledge sharing
- Strong partnerships
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